

- GLOBAL SUMMIT -

Global Summit on *Aging & Longevity*

"Resilient Systems for a Rapidly Aging World"



November 9–10, 2026

CONFERENCE DATES



Tokyo, Japan

CONFERENCE LOCATION



Hybrid Format

DAY 1 IN-PERSON · DAY 2 VIRTUAL

100+

EXPECTED DELEGATES

60+

EXPERT SPEAKERS

20+

COUNTRIES REPRESENTED

2nd

EDITION SUMMIT

"The world's most advanced aging society — as the setting and the subject."

TOKYO, NOVEMBER 2026

We are pleased to welcome you to the 2nd Edition of the Global Summit on Aging & Longevity — convening in Tokyo, the most significant city in the world for this conversation.

Japan has built more practical infrastructure around elder care, longevity science, and age-friendly society than any other country. The summit brings together researchers, clinicians, policymakers, and industry leaders to address the science, systems, and society of healthy aging.

Over two days, delegates will engage with cutting-edge longevity science, clinical practice debates, and global policy discussions — with structured 1:1 meetings and curated networking built into the programme.

01

Invitation-Only Format

All delegates are pre-screened for relevance. Ensuring a high-calibre, engaged audience without vendor pitches.

02

Curated 1:1 Meetings

Pre-scheduled structured meetings with clinical leaders, researchers, and policymakers across both days.

03

2nd Edition — Proven Ground

Builds on an established network. Returning speakers and delegates bring continuity and depth to every session.

04

Hybrid Reach

Day 1 is in-person in Tokyo. Day 2 is fully virtual — extending access to global researchers and clinicians.

93+

DELEGATES AT 1ST ED.

8.7/10

AVG. SATISFACTION

95%

WOULD RECOMMEND

41+

SPEAKERS PER EVENT

The Most Advanced Aging Society — As the Setting and the Subject

The 2nd Edition convenes in Tokyo — where Japan's world-leading aging demographics have produced unmatched practical infrastructure in elder care, longevity science, and age-friendly urban design. The summit connects global researchers, clinicians, policymakers, and longevity innovators around four core

themes.

FOUR CORE SESSION TRACKS

TRACK 01

Aging Biology & Biomarkers

- Multi-omics, epigenetic clocks & biological age
- Hallmarks of aging & cellular senescence
- Senolytics, partial reprogramming & mTOR
- Longevity therapeutics & regulatory pathways

1

TRACK 02

Brain Health & Cognitive Aging

- Dementia prevention & modifiable risk factors
- Alzheimer's biomarkers & early detection
- Cognitive reserve & neurodegeneration
- Brain stimulation & pharmacological prevention

2

TRACK 03

Care Systems, Technology & Society

- Elder care robotics & smart home monitoring
- Age-friendly cities, housing & social policy
- Palliative care & end-of-life planning
- Japan's model: lessons for the world

3

TRACK 04

Longevity in Clinical Practice

- Exercise prescription & sarcopenia prevention
- Nutrition, protein & metabolic strategies
- Longitudinal cohort data & clinical translation
- Longevity innovation showcase & GLP-1 / NAD+

4

Day 1 · Monday, 9 November 2026

Geroscience & Clinical Practice · In-Person, Tokyo

OPENING

- 08:45 - 09:00** OPENING
Registration & Welcome Coffee
- 09:00 - 09:20** OPENING
Opening Remarks & Welcome
- 09:20 - 09:50** KEYNOTE
Translating Longevity Research into Geriatric Care
- 09:50 - 10:10** *Group Photo & Networking & Coffee Break*

MORNING — BIOLOGY AND BIOMARKERS OF AGING

- 10:10 - 11:00** PANEL
Next-Generation Longevity Interventions
- 11:00 - 11:20** ORAL PRESENTATION
Deep Aging Clocks: AI-driven Biomarkers of Biological Age
- 11:20 - 11:40** ORAL PRESENTATION
Multi-Omics Approaches to Healthy Aging: Metabolomics & Genomics
- 11:40 - 12:00** ORAL PRESENTATION / CASE STUDY
Epigenetic Rejuvenation Pathways in Clinical Trials
- 12:00 - 13:00** *Networking Lunch & Poster Exhibition*

AFTERNOON — PRECISION GERIATRICS & CLINICAL

- 13:00 - 13:30** KEYNOTE
Lifestyle & Nutrition for Extending Healthspan
- 13:30 - 14:30** PANEL
Precision Geriatrics: Clinical Innovations in Age-Related Disease
- 14:30 - 14:50** ORAL PRESENTATION
Advances in Neurodegeneration: Blood Biomarkers for Alzheimer's
- 14:50 - 15:10** ORAL PRESENTATION
Immunosenescence and Vaccination Strategies for Older Adults
- 15:10 - 15:30** ORAL PRESENTATION / CASE STUDY
Implementing AI-Driven Fall Detection in Assisted Living
- 15:30 - 15:50** *Poster Presentation & Coffee Break*

EVENING — TRANSLATIONAL AND SOCIAL ASPECTS OF AGING

- 15:50 - 16:50** PANEL
Age-Friendly Technology & Robotics
- 16:50 - 17:10** ORAL PRESENTATION
Gut Microbiome and Aging: Translational Insights
- 17:10 - 17:30** ORAL PRESENTATION
Climate Change and Health in the Elderly
- 17:30 - 17:45** CLOSING
Day 1 Closing Remarks

Day 2 · Tuesday, 10 November 2026

Systems, Society & Clinical Care · Virtual Day

MORNING

09:00 – 09:30 *Networking & Welcome Coffee*

09:30 – 10:00 KEYNOTE
From Aging Biology to Public Policy: Global Strategies

10:00 – 10:30 PLENARY TALK
Digital Longevity: AI, Wearables, and Healthspan Tracking

10:30 – 10:50 *Group Photo, Coffee & Poster Viewing*

POLICY, SYSTEMS & RESEARCH

10:50 – 11:50 PANEL
Next-Generation Longevity Interventions

11:50 – 12:10 ORAL PRESENTATION
Preventive Longevity Medicine: Vaccines and Lifestyle for 100+

12:10 – 12:30 ORAL PRESENTATION
Cognitive Resilience: Mind-Body Interventions in Aging

12:30 – 12:50 ORAL PRESENTATION / CASE STUDY
Scaling Mobile Clinics for Rural Eldercare

12:50 – 13:50 *Lunch Break*

AFTERNOON – PHARMA, BIOTECH & CLOSING

13:50 – 14:20 KEYNOTE
Global Aging Demographics and Economics

14:20 – 15:20 PANEL
Pharmaceutical and Biotech Frontiers

15:20 – 15:40 ORAL PRESENTATION
Adaptive Clinical Trials for Aging Interventions

15:40 – 16:00 ORAL PRESENTATION
AI in Elderly Mental Health: Chatbots and Teletherapy

16:00 – 16:20 ORAL PRESENTATION / CASE STUDY
Implementing Age-Integration Policies in Community Planning

16:20 – 16:40 *Coffee Break & Exhibitor Visits*

16:40 – 17:30 PANEL
Building Resilient Longevity Systems

17:30 – 18:00 AWARDS
Awards & Closing Ceremony

18:00 – 19:00 *Networking & B2B Meetings · Gala Dinner (Optional, on request)*

NOVEMBER 9-10, 2026 · TOKYO, JAPAN

Connecting the global aging & longevity community

Who Attends the Summit

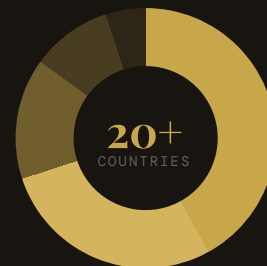
A senior-level, globally diverse audience drawn from research, clinical practice, policy, and longevity industry — all pre-screened for relevance.

BY PROFESSIONAL ROLE



■ Geriatricians & Clinicians	28%
■ Researchers & Academia	25%
■ Industry & Pharma / Biotech	22%
■ Policymakers & Public Health	15%
■ Allied Health & Others	10%

BY REGION



■ APAC	42%
■ Europe	28%
■ Americas	15%
■ MENA	10%
■ Other Regions	5%

WHO SHOULD ATTEND

Clinicians & Researchers

Geriatricians, gerontologists, neurologists, physiotherapists, and aging scientists

Industry & Innovators

Longevity biotech, elder care tech, medtech, nutrition, and pharma companies

Policy & Public Health

Health ministry officials, aging policy advisors, and public health leaders

Senior decision-makers from 20+ countries, pre-screened for relevance

Ways to Participate

All applications are reviewed on a rolling basis. Delegate places, speaker slots, and sponsor packages are limited.

01

Attend as Delegate

Join 100+ global leaders for two days of research, debate, and structured networking in Tokyo and virtually. All delegates are pre-screened.

INVITATION-ONLY · APPLY VIA WEBSITE

02

Present Your Research

Apply to speak, submit an abstract for the poster session, or present in a workshop. Open to researchers, clinicians, and policymakers.

ROLLING ACCEPTANCE · LINKS BELOW

03

Sponsor & Partner

Silver, Gold, Platinum, and Exhibitor packages available. Reach 100+ global aging and longevity decision-makers with targeted visibility.

CONTACT: INFO@MEDGLOBALCONNECT.COM

APPLY NOW

Speaker Application

We invite geriatricians, longevity researchers, and policymakers to apply for a speaking slot. All formats welcome: keynote, panel, workshop, or poster.

APPLY TO SPEAK →

events.medglobalconnect.co/event/tokyo/aging-longevity/speaker-apply.html

SUBMIT NOW

Abstract & Poster Submission

Submit a research abstract or poster for presentation. Subjects across all four session tracks are welcome. Accepted presenters receive delegate access.

SUBMIT ABSTRACT →

events.medglobalconnect.co/event/tokyo/aging-longevity/abstract-submission.html